



FOR IMMEDIATE RELEASE: May 25, 2017

CoSIDA Academic All-District™ Men's Track/Cross Country Teams Released

The 2016-17 College Sports Information Directors of America (CoSIDA) Academic All-District™ Men's Track/Cross Country Teams have been released to recognize the nation's top student-athletes for their combined performances athletically and in the classroom.

The Academic All-District™ teams include the student-athletes listed on the following pages and are divided into eight geographic districts across the United States and Canada. This is the sixth year of the expanded Academic All-America® program as CoSIDA moved from recognizing a University Division (Division I) and a College Division (all non-Division I) and has doubled the number of scholar-athletes honored. The expanded teams include NCAA Division I, NCAA Division II and NCAA Division III participants, while the College Division Academic All-America® Team combines NAIA, Canadian and two-year schools.

The Division II and III Academic All-America® program is being financially supported by the NCAA Division II and III national governance structures, to assist CoSIDA with handling the awards fulfillment aspects for the 2016-17 DII and DIII Academic All-America® teams program.

First-team Academic All-District™ honorees advance to the CoSIDA Academic All-America® Team ballot, where first-, second- and third-team All-America® honorees will be selected later this month.

For more information about the Academic All-District™ and Academic All-America® Teams program, please visit www.cosida.com.

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2016-17 Academic All-District™ Men's Track/Cross Country Team District 3

NCAA DIVISION I (NC, TN, VA)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
RJ Alowonle	NORTH CAROLINA	Sr.	Cottage Grove, Minn.	3.53	Business administration
Cameron Brown	TENNESSEE	Sr.	Brentwood, Tenn.	3.63	Marketing
Nick Ciolkowski	ELON	So.	Fairport, N.Y.	3.85	Biochemistry
Olushola Olojo	MEMPHIS	Jr.	London, England	3.99	Business economics
Luke Phillips	VIRGINIA MILITARY INSTITUTE	Sr.	Blacksburg, Va.	3.98	Biology / chemistry
Caleb Smith	NORTH CAROLINA, ASHEVILLE	Sr.	Stuart, Va.	3.91	Chemistry
John Seals	GEORGE MASON	Jr.	Springfield, Va.	3.66	Civil engineering
Pol Solanellas	EAST CAROLINA	Gr.	Viladecavalls, Spain	4.00	Communication
Paul Stuart	TENNESSEE, CHATTANOOGA	Gr.	Brentwood, Tenn.	3.94, 3.94 (G)	Accounting (G)
Ben Weisel	BELMONT	So.	Nashville, Tenn.	4.00	Honors & accounting

NCAA DIVISION II (Conference Carolinas, Peach Belt, South Atlantic)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Brandon Beard	MARS HILL	Jr.	Fairfield, Ohio	3.79	Business administration
Javier Bustos Jaimes	FRANCIS MARION	Jr.	Eagle Springs, N.C.	3.88	Industrial engineering
Jonathan Dahlke	MOUNT OLIVE	Jr.	Cologne, Germany	3.68	Psychology
Austin Greeson	WINGATE	Sr.	Burlington, N.C.	3.76	Religious studies
Aubrey Hite	LENOIR-RHYNE	Jr.	Pelion, S.C.	3.87	Biology
Nathan Jones	MARS HILL	Sr.	Lenoir City, Tenn.	3.80	Math
Devin Nelson	FRANCIS MARION	Jr.	Bloomfield, Conn.	3.80	Marketing
Henning Schein	ARMSTRONG STATE	Jr.	Vellmar, Germany	3.95	Rehabilitation sciences
Tanner Stepp	CARSON-NEWMAN	Jr.	Jefferson City, Tenn.	3.74	Accounting
Jacob Troutman	WINGATE	Sr.	Aberdeen, N.C.	3.97	Chemistry / mathematics



2016-17 Academic All-District™ Men's Track/Cross Country Team District 4

NCAA DIVISION I (AL, FL, GA, PR, SC)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Payton Ballard	ALABAMA	Sr.	Mountain Brook, Ala.	3.79	Accounting
Joseph Beery	STETSON	Sr.	Hillsboro, Ohio	3.99	Philosophy / Russian studies
Zach Blahnik	SOUTH ALABAMA	Gr.	Green Bay, Wis.	3.75,4.00 (G)	Exercise science
Anders Eriksson	FLORIDA	So.	Jonkoping, Sweden	3.77	Aerospace engineering
Conrad Heinrich	WOFFORD	So.	Sugar Land, Texas	3.90	Finance
Jonathan Keller	MIAMI (FL)	Sr.	Circle Pines, Minn.	4.00	Audio engineering
Jan-Louw Kotze	SOUTH ALABAMA	Sr.	Paarl, South Africa	4.00	Exercise science & psychology
Markus Leemet	SOUTH CAROLINA	Jr.	Tallinn, Estonia	3.77	Finance
Jonathan Rice	WOFFORD	Sr.	Mt. Pleasant, S.C.	3.93	Biology / mathematics
Fynn Timm	NORTH FLORIDA	So.	Lunenburg, Germany	3.80	Sport management
Cristian Widenhouse	WOFFORD	Jr.	Charleston, S.C.	3.90	Computer science

NCAA DIVISION II (Great Lakes Intercollegiate, Great Lakes Valley, Great Midwest)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Chase Broughton	SOUTHERN INDIANA	Sr.	Marengo, Ind.	3.55,4.00 (G)	Sport management (G)
Austin Cary	MALONE	Sr.	Loudonville, Ohio	3.82	Biology
Jon Cok	FERRIS STATE	Jr.	Grand Rapids, Mich.	3.54	Product design engineering tech.
Wyatt Hartman	CEDARVILLE	Sr.	Cortland, Ohio	3.89	Mechanical engineering
Austin Hogan	INDIANAPOLIS	Jr.	Indianapolis, Ind.	3.62	Chemistry (pre-med)
Zach Humrichouser	ASHLAND	Sr.	Wooster, Ohio	3.76	Integrated social studies education
Chris May	GRAND VALLEY STATE	Sr.	Elmhurst, Ill.	3.94	Biomedical sciences
George McCartney	MALONE	So.	Toledo, Ohio	3.81	Business administration
Jason Saliga	MICHIGAN TECH	Sr.	Romeo, Mich.	3.87	Chemical engineering
Chris Striegel	BELLARMINE	Jr.	Louisville, Ky.	3.40	Business administration
Oshane Thomas	LAKE SUPERIOR STATE	Sr.	St. Thomas, Jamaica	3.72	Biochemistry / pre-professional
Samuel Tvardzik	CEDARVILLE	Jr.	Mt. Airy, Md.	3.94	Business finance
Scott Whitaker	MALONE	Gr.	Pittsburgh, Pa.	3.86,3.32 (G)	Communication arts (UG) / MBA (G)



2016-17 Academic All-District™ Women's Track/Cross Country Team District 3

NCAA DIVISION I (NC, TN, VA)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Kat Bouton	LIBERTY	Sr.	Flower Mound, Texas	3.97	Teaching English as 2nd language
Sarah Brandt	TENNESSEE TECH	Sr.	Oroville, Calif.	3.93	Interdisciplinary studies
Micah Brickhill	VIRGINIA	Jr.	Buckingham, Va.	3.99	Biology
Carmen Carlos	VANDERBILT	Sr.	Mobile, Ala.	3.72	Neuroscience
Simone Charley	VANDERBILT	Sr.	Hoover, Ala.	3.63	Psychology / sociology
Emily Godwin	NORTH CAROLINA	Sr.	Buckhannon, W.Va.	3.86	Business administration / biology
Sarah Howard	NORTH CAROLINA	Sr.	Dublin, Ga.	3.81	Biology / religion
Maddison Melchionna	TENNESSEE, CHATTANOOGA	Sr.	Afton, Tenn.	4.00	Biology: pre-professional
Kelsey Rea	CAMPBELL	Sr.	Pinehurst, N.C.	4.00	Biology (physician's asst. studies)
Tristin Van Ord	APPALACHIAN STATE	Sr.	Chapel Hill, N.C.	3.91	Sustainable development

NCAA DIVISION II (Conference Carolinas, Peach Belt, South Atlantic)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Makenzi Alley	TUSCULUM	So.	Cincinnati, Ohio	3.95	Biology
Abigail Bozarth	ANDERSON (SC)	So.	Summerville, S.C.	4.00	Kinesiology
Madeline Buddenberg	ANDERSON (SC)	So.	Simpsonville, S.C.	4.00	Nursing
Joy Diaz	CLAYTON STATE	Sr.	Riverdale, Ga.	4.00	Theatre
Tori Gaul	CARSON-NEWMAN	Jr.	Salisbury, N.C.	4.00	Biology
Grace Gerlock	ANDERSON (SC)	Sr.	Jonesborough, Tenn.	3.92	Nursing
Valerie Griesche	WINGATE	Jr.	Ingolstadt, Germany	4.00	Biology
Alyssa Johnson	WINGATE	Sr.	San Jose, Calif.	4.00	Elementary education
Haylee Love	ANDERSON (SC)	Jr.	Lexington, S.C.	3.67	Graphic design
Tiana Mills	CARSON-NEWMAN	Sr.	Chattanooga, Tenn.	3.90	Communications
Lucie Noall	QUEENS (NC)	So.	Clarksburg, Md.	3.90	Biology
Haylea Salamon	LENOIR-RHYNE	Jr.	Saskatoon, Saskatchewan	3.93	Exercise science
Liz Thierfelder	BELMONT ABBEY	Sr.	Gastonia, N.C.	3.65	English / theology
Cheyenne Thompson	MONTEVALLO	Sr.	Chelsea, Ala.	4.00	Biochemistry



2016-17 Academic All-District™ Women's Track/Cross Country Team District 4

NCAA DIVISION I (AL, FL, GA, PR, SC)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Grace Barnett	CLEMSON	Sr.	Pawleys Island, S.C.	3.94	Elementary education
Allie Buchalski	FURMAN	Sr.	Johns Creek, Ga.	3.63	Business administration
Jacquelyn Crow	FURMAN	Jr.	Lebanon, Ohio	3.94	Psychology
Shaquania Dorsett	FLORIDA STATE	So.	Freeport, Bahamas	3.85	Biochemistry
Amanda Gale	MIAMI (FL)	Sr.	Weston, Fla.	3.90	Microbiology & immunology
Eden Meyer	NORTH FLORIDA	Jr.	Jacksonville, Fla.	4.00	Biology
Laura-Maria Oja	KENNESAW STATE	Sr.	Pärnu, Estonia	3.78	Biochemistry
Keturah Orji	GEORGIA	Jr.	Mount Olive, N.J.	3.96	Financial planning
Alex Gholston	ALABAMA	Sr.	Town Creek, Ala.	3.97	English
Taylor Tubbs	FLORIDA	Gr.	Sebring, Fla.	3.98,3.92 (G)	International business

NCAA DIVISION II (Great Lakes Intercollegiate, Great Lakes Valley, Great Midwest)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Kaitlyn Barber	WALSH	Jr.	Toledo, Ohio	3.96	Pre-physical therapy (biology)
Sarah Berger	WALSH	Jr.	Wadsworth, Ohio	3.90	Pre-med & biology
Erin Crone	BELLARMINE	Jr.	Indianapolis, Ind.	3.98	Environmental science
Olivia Esbenshade	CEDARVILLE	Sr.	Marietta, Pa.	3.82	Nursing
Kendra Foley	GRAND VALLEY STATE	Sr.	Noblesville, Ind.	3.54	Communication studies
Carsyn Koch	CEDARVILLE	Jr.	Washburn, Maine	3.54	Nursing
Emily Mauch	MARYVILLE (MO)	Sr.	Warrenton, Mo.	4.00	Physical therapy
Jessica Reeves	SOUTHERN INDIANA	Sr.	Midland, Mich.	3.86,3.64 (G)	Occupational therapy (grad)
Emily Roberts	SOUTHERN INDIANA	Jr.	Fredericktown, Ohio	3.82	Exe. science (occupational therapy)
Meghan Roby	BELLARMINE	Jr.	Mt. Washington, Ky.	3.57	Biology
Karrington Seals	WAYNE STATE (MI)	Jr.	Farmington Hills, Mich.	3.80	Biological science
Laura Tarantino	TRUMAN STATE	Sr.	Ballwin, Mo.	3.99	Nursing